

My Book of God

Unit 1

Lesson 3 - God Made Air

Aim

- * To learn more about air, and that it is a precious gift from God
- * To understand that God is like air. We cannot see Him, but He is all around us

Materials

- * Objects associated with air and wind - fan, balloons, straws, wind chimes, bubble mixture, a recorder etc ...
- * Story - "I Want to See the Wind," from The Toddlers Bedtime Story Book, by V. Gilbert Beers.
- * Materials for activities - Straws, ping pong ball, plastic cup, peas, feather, bubble mixture, A4 paper, liquid paint, stickers, coloured pencils

Lesson Outline

1. Introduction
2. Story & Discussion
3. Activities
4. Review the lesson
5. Prayer

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1) Introduction

- * Show some objects and use them to show how we need air. - Blow bubbles, blow-up a balloon, blow on the windmill and wind chimes, make music by playing the recorder.
- * Explain that we can't see air, but it is all around us. When air is moving we call it wind. It blows the trees and dries washing. We can also hear the wind. Balloons are full of air, so are bubbles. When we breathe we take air into our bodies.
- * Do some breathing exercises
 - a) Let the children put their hands on their chests and breathe deeply in and out so they can feel their lungs inflating and deflating. - going up and down.
 - b) How long can they hold their breath?
 - c) Breathe in and out to the count of 5
 - d) Run on the spot. When we run we need lots of air.

2) Story and Discussion

- * Read "I Want to See the Wind," Jason went outside to see the wind. He couldn't see it, but the wind did many good things. God is the same. We cannot see Him, but He also does many good things.
- * Look at the pictures again. Wind is made of air that moves. What does the wind do? We can feel it on our face. It blows kites, bubbles, hats, leaves and clouds. We can also use air to blow up

balloons, whistle, play the trumpet. We put air inside wheels for cars and bicycles. Airplanes need air to fly. Plants and animals and people need air to live. Everything needs air to live. Air is an amazing thing! God gave us air and it is a free gift given to everyone.

- * God is like air. We cannot see Him, but He is all around us. We can feel the air when the wind is blowing. We can also feel God, when our mummy and daddy give us a hug. We can feel love in our hearts. We can't see it, but it is there. Next time your parents give you a hug and you feel warm in your heart, that is God's love.

3) Activities

- * Watch objects fall to the ground - a piece of paper, a feather, a balloon, bubbles. How long can you keep them up?

- * Play blowing games

- using a straw try blowing a plastic cup off a table,
- blow a pea along the ground. How far can you blow?
- two people at opposite ends try to blow a toilet roll off a table.

- * Blob and Blow Painting

Drop a blob of fairly runny paint onto a piece of paper and blow gently through a straw to get a shape. Fold this over to get a symmetrical shape. Open out, leave to dry. Try using two colours.

- * Make a fan

Colour a piece of A4 paper. Decorate it with stickers. Fold it into a concertina. Cut small pieces with scissors. Tie a thread at one end. Open out and use as a fan.

4) Review the aims of the lesson

- * To learn more about air, and that it is a precious gift from God
- * To understand that God is like air. We cannot see Him, but He is all around us

5) Prayer

God gives us air and we should thank Him for it. It is a free gift. Say a prayer to thank God for air, mentioning all the things it can do.

I Want to See the Wind

From The Toddlers Bedtime Story Book, by V. Gilbert Beers.



1. Where are you going? Mother asked. I'm going to see the wind, said Jason.
2. Jason went outside. He felt the wind blowing on his face. But he did not see the wind.
3. Jason saw a kite. The wind was blowing the kite. But Jason did not see the wind.
4. Jason blew some bubbles. The wind took the bubbles far away. But Jason did not see the wind.
5. A hat flew by. "Look at the hat go," said Jason. The wind was blowing the hat. But Jason did not see the wind.
6. The wind tugged at Jason's coat. Jason tried to catch the wind. But he could not catch it. He could not see it either.
7. Clouds raced across the sky. "The wind is blowing them," said Jason. He saw the clouds. But he did not see the wind.
8. Jason caught some wind in a jar. "Now I will see it," he said. But he could not see the wind.
9. "Did you see the wind?" Mother asked. "I saw the wind do many good things," said Jason. "but I did not see the wind."
10. "We can't see God either," said mother. "But we see Him do many good things." "I'm glad He does many good things for us," said Jason. "Thank You, God."

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God Made the Wind

